

## Book instructions

### Page sections ~

Cut a piece of office paper to  $8" \times 5 \frac{3}{4}"$

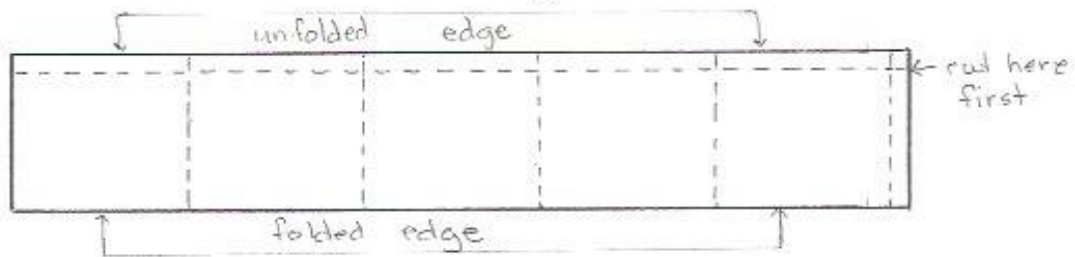
Fold this piece in half ( $4"$ )

Fold in half again ( $2"$ )

Fold in half once again ( $2"$ )

Mark  $\frac{7}{8}"$  on the unfolded edge

Mark  $1 \frac{1}{8}"$  times 5 on the folded edge



Trim the  $\frac{7}{8}"$  off the unfolded edge

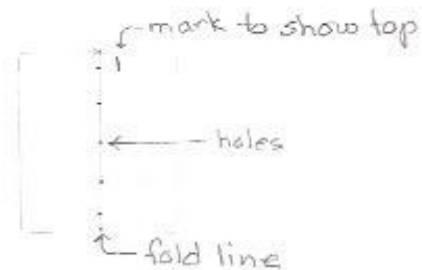
Put a paper clip in each measured section. Cut along the marked lines to create the page sections. Keep clipped. You should have 5 sections that measure  $1 \frac{1}{8}" \times \frac{7}{8}"$ .

### End papers ~

Cut two end papers  $1 \frac{3}{4}" \times 1 \frac{1}{8}"$ .

Fold each in half so they are the same size as the page sections, measuring  $1 \frac{1}{8}" \times \frac{7}{8}"$ .

Sewing template ~  
Cut a template 1" x 1 1/8"  
Fold in half  
Mark as shown



Take each of the 5 sections (1 at a time) to do this step.  
Open flat and mark to show the top  
Align the template with the center of the page section  
Lay on a piece of foam  
Poke the holes with a sharp needle  
Put clip back on the open section  
Continue until all the sections are done.  
Do the end papers in the same way and then separate.

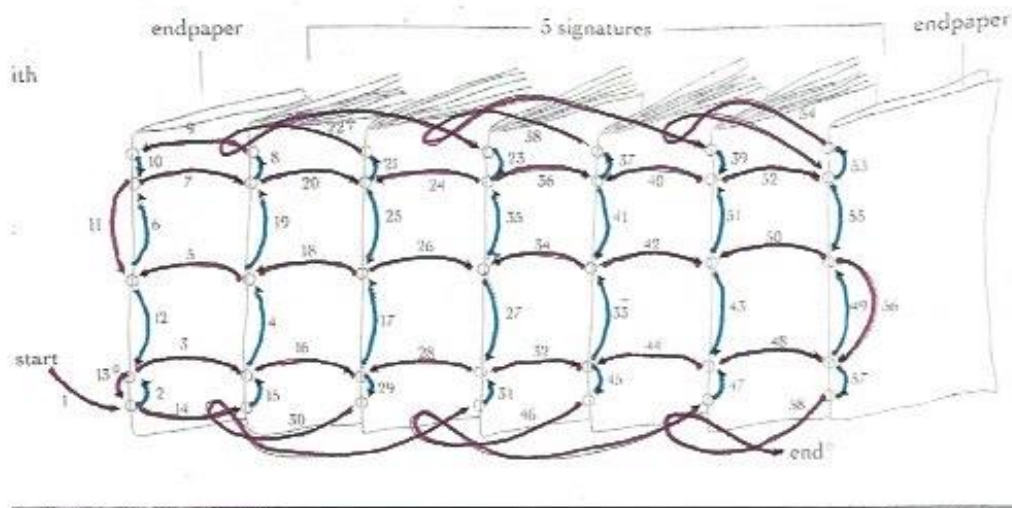
Stitch the page sections -

I used a thin needle and regular sewing to stitch the sections.

Align one end paper with one page section

Follow the numerical order on the diagram. The solid lines indicate stitches outside the folded edge (spine). The dotted lines indicate stitches inside the fold,

I stitched, leaving a 2" tail with the first stitch, the first end paper and the first page section. When they were stitched together, I tied a knot using the tail. Cut the tail only. Now align the 2<sup>nd</sup> section with the first and continue stitching in the same manner. Continue with each section and finally the 2<sup>nd</sup> end paper. Knot the thread at the end of the stitches to secure.



Book Cover ~

Cut a piece of decorative paper  $2\frac{3}{4}$ " x  $1\frac{3}{4}$ "

Cut cardstock pieces to match the front, back and spine

Glue the spine cardstock piece down in the center of the cover backside. Glue the front and back down leaving a very small space between the pieces. I left about a  $\frac{1}{6}$ " inch space. Let dry. Trim corners of the cover a bit, leave enough to fold over the cardstock. Apply a small amount of glue on each corner and fold down, apply glue around edges and fold over cardstock,